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# The Fort Jackson *Leader*



Thursday, May 21, 2009

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www.fortjacksonleader.com

# All in the family

## Post leadership makes FRGs top priority

By CRYSTAL LEWIS BROWN  
Leader Staff

Fort Jackson's Family Readiness Groups will soon have a new place to call home.

Michelle Jordan, Family Readiness Support Assistant for the Office of the Commanding General, said a new FRG building, located next to Darby Field, should be ready to use by June 1.

The building is just one of many improvements Fort Jackson leadership is taking to revitalize FRGs post-wide.

"Col. (Kevin) Shwedo, Brig. Gen. (Bradley) May and Command Sgt. Maj.

(Brian) Stall are really grasping the FRG concept because they really care about our families," said Jordan, referring to the deputy commanding officer, post commander and post sergeant major. Jordan came on board in October as a full-time employee whose sole task is to work with post families and FRGs.

The new building, which Jordan hopes will house computers and a child care area for use during meetings, will also be the new space for the FRG executive meetings, another new initiative.

The executive meetings, which include representatives from all Fort Jackson

brigades and tenant units, started in February and are held quarterly.

"Anybody can attend these meetings," she said. "It gives the family members and the FRGs a chance to voice their concerns."

The meetings are also a way to ensure all of the FRGs are on the same page, she said.

"It's very important because it helps (make sure) you are on the same accord as the commander and your Soldier."

As a former military spouse, Jordan urges all military spouses to participate in the FRG.

See FRGs: Page 8

## Saluting the troops



Photo by SUSANNE KAPPLER

The color guard presents the flags of all service branches during the opening ceremony of Fort Jackson's Armed Forces Day celebration Saturday at Hilton Field. The event featured historic displays, re-enactments, children's activities and static displays. For more on Armed Forces Day, see pages 20-21.



# Plan includes entire Team Jackson

Five months ago, I used this space to talk about the future — not entirely about your future and not entirely about my future, but rather our future together as Team Jackson.

I introduced Fort Jackson's new vision statement and pointed out that we would develop a comprehensive campaign plan for the entire installation.

Sound complicated? Well, it isn't. It's no more complicated than collectively working as one — a team concept with a lot of Fort Jackson flavor.

Before I forget, let me mention that our development team deserves a lot of credit for the job it has done in crafting a plan that truly integrates all actions on Fort Jackson across three lines of operation — training, quality of life and support and sustainability.

Now allow me to fill in some blanks ...

To outline the way we achieve our goals, we have developed a strategy map (see page 13) that consists of 49 building blocks — our major objectives.

This is important, because everything we do on Fort Jackson falls under at least one of those objectives. If you are doing something on Fort Jackson that does not fit into one of these categories, then odds are you should not be doing it.

I cannot emphasize this enough. This applies regardless if you are a contractor at one of our dining facilities, a drill sergeant or a DA civilian — no matter what your job is on Fort Jackson, your work is part of our campaign plan. Everyone truly is an important part of Team Jack-

## BRIG. GEN. BRADLEY W. MAY

*Fort Jackson  
Commanding  
General*



son.

Each major objective falls under one of our lines of operation.

For example, developing competent leaders is vital to providing the best possible training we can offer our Soldiers. Implementation of the Army Family Covenant is a big aspect of enhancing the quality of life for Soldiers and Families. Executing a well-planned barracks strategy is important to supporting and sustaining our infrastructure. These are just a few examples of how everything we do dovetails into the campaign plan.

Additional examples will be highlighted in the *Leader*, beginning today.

You may be surprised to discover that some things that do not appear to be related to our mission at first sight are indeed part of the big picture.

For example, we recently had the opportunity to host the South Carolina Special Olympics on Fort Jackson. That may not seem like an event that is directly con-

nected to what we usually do here, but a closer look reveals that it is indeed linked to our campaign plan.

One of our objectives in the plan is to maintain good communication, both within our community, but also beyond. Hosting the Special Olympics definitely is part of that communication and partnership with our neighboring communities and as such, fully integrated into the campaign plan.

I am proud to say that since we first completed the plan a few months ago, we have already made progress on many of our objectives.

For instance, we have developed a leadership guest speaker series that is part of our leadership development initiative. We are in the process of drastically updating our range infrastructure, which will be highly beneficial to our training. We have been working hard on upgrading our barracks, which is vital to our Soldiers' quality of life.

Let's not forget about the Army Family Covenant initiatives that have already been put into place, such as extended child care operating hours and the elimination of registration fees for eligible users of Child, Youth and School Services programs.

As we continue our quest to achieve our objectives, quarterly articles in the *Leader* will keep everyone on post updated on the progress we've made.

I consider myself very fortunate to be a part of Team Jackson. I look forward to working together with each and every one of you in achieving our goals.

Army Strong!

## *The Fort Jackson* **Leader**

**Fort Jackson, South Carolina 29207**

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

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# Administrative separation; body fat; summer golf classes

*What is an administrative separation board?*

The administrative separation board is a board of officers, or officers and noncommissioned officers. They are appointed to make findings and to recommend retention in the Army or separation. The board states the reason for its decision and recommends the type of separation or discharge certificate to be furnished.

*I am scheduled to attend training at Fort Lee, Va., in July. I am currently 1 percent above my authorized body fat. Will I be allowed to attend training?*

No, you will not be authorized to attend training. Army Regulation 614-200, paragraph 4-3(l) states: Soldiers who do not meet the body composition standards of AR 600-9 will not be authorized to attend professional military schools.

*How can I learn to golf or improve my game?*

Summer is almost here and it's a great time to learn to play golf or improve your game. The Fort Jackson Golf Club has a number of programs to get you started. PGA professionals will be on the practice tee to help you with your game and give free 10-minute lessons May 30, 8

## COL. LILLIAN A. DIXON

*Fort Jackson  
Garrison  
Commander*



a.m. to 4 p.m. On the second Wednesday of each month (now through October), 5-6:30 p.m., you can buy a bucket of balls and get some tips on your game on the practice tee. Free women's clinics are scheduled for June 10, 5-7 p.m. and June 27, 10 a.m. to 1 p.m.

### GARRISON FACT OF THE WEEK

Did you know you could win a seven night stay at one of the Armed Forces Recreation Centers? Visit [www.afrcresorts.com](http://www.afrcresorts.com) to see how you could win a seven night vacation at the Shades of Green, Cape Henry Inn, Hale Koa Hotel, Edelweiss Lodge and Resort or Dragon Hill Lodge. Don't wait too long. The contest ends May 31.

To submit questions, call 751-2842, or e-mail [nahrwolds@conus.army.mil](mailto:nahrwolds@conus.army.mil).

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❑ Article submissions are due two weeks before the scheduled publication. For example, an article for the May 28 Leader should be submitted by today.

❑ Announcements are due one week before the scheduled publication. For example, an announcement for the May 28 Leader should be submitted by May 21.

# AAFES upgrades Fort Jackson services

By **DELAWESE FULTON**  
Leader Staff

“Cadre Wednesdays” have arrived at Fort Jackson.

This week, AAFES stores, eateries, malls and shoppettes began offering promotional sales, product demonstrations, drawings and food specials aimed at the Soldiers, family members and retirees who regularly use post facilities.

The AAFES marketing program’s main goal is to improve and expand its services and offerings.

“We’re trying to appeal to the permanent party,” said Jason Rosenberg, general manager of the post’s AAFES operation.

“This is a permanent program. Every Wednesday, there will be flyers at the PX about special sales, special vendor demos and food specials,” Rosenberg said. “At our branches, shoppettes, there will be specials on ‘heat-n-eat’ (items) and drawings. The focus is on the people who live here all the time.”

Pvt. Timothy Harris said the program is a good idea.

“It gives Soldiers and families the chance to get some decent stuff and save money,” Harris said as he stopped in at the Gate 2 shoppette.

That shoppette and others on post were offering two-for-\$1 snacks and a drawing for the giveaway of a cappuccino machine on yesterday.

“Cadre Wednesdays” kicks off a list of projects that AAFES has under this year through 2010. The goal of each project is to benefit the community and improve the quality of life on post.

The Main PX’s food court’s seating will expand to 490 seats from 288 seats. Also, the theater on Jackson Boulevard is scheduled to reopen by year-end. AAFES and Fort Jackson are doing renovations to the theater’s building and facilities. AAFES will upgrade the snack counter and projection and sound equipment.

Rosenberg said a common complaint of the Fort Jackson community is that “we (AAFES) don’t have enough food places.” So, AAFES plans to also open a national brand, fast-food, chicken restaurant next to the Burger King at Lee Road and Strom Thurmond Boulevard by the third quarter of 2010.

AAFES’ Fort Jackson facilities serve about 15,000 customers each day. Purchases made by Soldiers at the PX, Main Street Food Court, Shoppettes and other AAFES activities last year generated a FMWR dividend of more than

\$2.5 million. Also in 2008, Fort Jackson Exchange Retail and Food Operations generated \$135 million in sales.

Here are some other AAFES service initiatives:

— Renovations of the two Burger King restaurants on post were recently completed. The Burger King at the Main PX has a new black and silver design scheme. The Lee Road and Strom Thurmond Boulevard Burger King’s operating hours have been expanded an hour, until 9 p.m., Monday through Friday.

— The Car Care Center now opens at 7 a.m., allowing more morning-shift customers time to use the facility.

— A new tactical shop, Brigade Quartermaster, will open this summer at the Mini Mall.

— AAFES is searching for a national brand coffee operation to open a shop/cafe on post.

*Delawese.Fulton@us.army.mil.*

## CAMPAIGN PLAN FOCUS

AAFES services are recognized in the Fort Jackson campaign plan as an important aspect of quality of life, one of the campaign plan’s lines of operation.

## Asian-Pacific heritage celebrated



*Photo by DELAWESE FULTON*

The Augusta, Ga. based Christian American Samoa Dance Group entertains attendees of the Asian-Pacific American Heritage Month luncheon yesterday at the NCO Club.

## 4-10 changes leaders



*Photo by SUSANNE KAPPLER*

Col. Karl Reed, right, 171st Infantry Brigade commander, passes the colors of the 4th Battalion, 10th Infantry Regiment to the battalion’s incoming commander Lt. Col. Richard Macdermott during a Change of Command ceremony yesterday at Darby Field. Macdermott replaces Lt. Col. Richard Smarr, who was in command for three years and will stay on Fort Jackson to work with the G3.



# Fort Jackson leads way in green energy

By **CRYSTAL LEWIS BROWN**  
Leader Staff

Fort Jackson has taken a major step in its efforts to embrace “green” technology with the installation of 10 hydrogen fuel cells, which will serve as a back-up power source for three on-post facilities.

The collaborative project, which involves the South Carolina Department of Energy, the Army Corps of Engineers and the South Carolina Research Authority, among other agencies, is the first of its kind in the state. Roswell, Ga. based LOGANEnergy Corp. was contracted to install the fuel cells.

“This will be the first federal agency-to-federal agency project where a state entity has provided significant funding,” said Russel C. Keller, SCRA senior director of alternative energy programs. “The 2006 South Carolina Industry Partnership Act mandates creating a ‘target program of excellence’ in hydrogen and fuel cell technology within the Midlands of South Carolina, and permits SCRA to raise up to \$6 million annually to support this and other ‘knowledge economy’ program initiatives consistent with its state mandate.”

The fuel cells will replace uninterruptible power supply, or UPS, systems as primary back-up power at the Directorate of Information Management, the Directorate of Emergency Services and the Energy Management Control Center.

Georges Dib, chief of the Directorate of Public Works’ Operation and Maintenance Division, said the new technology will not only be more environmentally sound, but will also require less maintenance than the old UPS system.

“Historically, what happened ... when the power goes out, is the (UPS) battery would carry the load until the

power comes back on,” he said. “The fuel cells will do the job of what that UPS battery did.”

Power outages for the year total only about two hours, said Dib, but in order for a UPS battery to be prepared to take over during an outage, it must constantly be charged.

“There is a lot of energy lost because you have a battery waiting for the power to go out (that) you have to charge continuously for 24 hours. We’re charging the battery 24/7 throughout the year,” Dib said.

Jesus RosaVelez, DOIM director, said the technology will greatly improve his organization’s ability to support the mission. DOIM will be receiving six of the 10 fuel cell systems.

“The fuel cell technology will provide critical backup power supporting our information technology infrastructure,” he said. “This improves overall reliability, reduced emissions and lower lifecycle costs.”

The technology is also an upgrade from the UPS system, he said, which was outdated.

“Our current diesel generators are way past their lifecycles. By today’s standards, they are inefficient, noisy and require frequent maintenance,” he said. “Besides being environmentally efficient, from our perspective, the fuel cells are more cosmetically appealing — the older units are an eyesore — and they are generally quiet.”

Each fuel cell will have six hydrogen bottles that last for 12 hours. In addition, most of the units will be connected to an uninterruptible power supply, which stores electricity from a primary source, so that the fuel cell will be able to last longer during emergencies, Dib said.

The fuel level of the cells will be monitored via computer, which also alerts controllers to any necessary maintenance.

Because hydrogen is a byproduct that can be easily cap-

tured as waste from various commercial plants, the catalyst of the fuel cell energy is free, with no wasted energy. There are also no emissions from the fuel cell-generated electricity.

The \$500,000 project was funded by the DOE, Army Corps of Engineers, Advanced Technology Institute and the South Carolina Research Authority. During the first 18 months, the DOE controls the project and will monitor the fuel cells’ use for research purposes. The department will train Fort Jackson personnel in fuel cell maintenance during that timeframe, Keller said.

“The fuel cell systems will be operated at least monthly to gather performance and reliability information. DPW staff at Fort Jackson will participate in maintaining these systems,” he said. “At the end of the period of performance, the fort will be capable of assuming full operational and maintenance responsibility for the installed systems.”

Scott Nahrwold, deputy garrison commander, said the use of this alternative energy source is good for Fort Jackson and the surrounding community.

“This project demonstrates the willingness and enthusiasm among agencies of the federal government, the city of Columbia and the state of South Carolina to pursue the promise of alternative energy,” he said. “The fuel cells will provide a level of flexibility and convenience that goes beyond our current, conventional capabilities.”

He added, “We are very pleased to be able to participate in this cooperative venture, especially since there has been no cost to the installation. We look forward to providing useful research data to the sponsors of this initiative and are proud of our small role in contributing to the collective effort that may one day make this technology readily available at the national level.”

*Crystal.Y.Brown@us.army.mil*

## Top enlisted BlackHawk



*Photo by CRYSTAL LEWIS BROWN*

Col. Karl Reed, right, 171st Infantry Brigade commander, passes the guidon to incoming Command Sgt. Maj. Karl Schmitt during a Change of Responsibility ceremony May 14 at the Joe E. Mann Center. Schmitt replaces Command Sgt. Maj. James Williams, who retired after 30 years of service.

## Congressional balance



*Photo by SUSANNE KAPPLER*

Katherine Long, who works for U.S. Sen. Patrick Leahy, D-Vt., balances across one of the obstacles on the Confidence Course May 14. More than 40 congressional staffers visited Fort Jackson to gain insight on Basic Combat Training operations. In addition to visiting the Confidence course, the staffers toured the 120th Adjutant General Battalion (Reception), ate lunch with Soldiers from their states at the 1st Battalion, 34th Infantry Regiment dining facility and observed training at several sites around post.



# USCIS reaches out to Soldiers, spouses

By **ROB MCILVAINE**  
FMWR COMMAND

Non-citizens have served in the Army since the American Revolution. In fact, almost half of Army enlistees in the 1840s were immigrants, and between 1862 and 2000, more than 660,000 military veterans became citizens through naturalization.

Today, about 35,000 non-citizens serve in the military and about 8,000 enlist every year.

According to Leslie Lord at U.S. Army Human Resources Command, many have used military service as a stepping stone to citizenship.

"It is also true that some Soldiers have one or more family members, especially a spouse, who is not a U.S. citizen," Lord said.

The Army Family Action Plan created Issue Paper 515 in response to family members encountering problems with the citizenship and residency application process.

"In 2003, AFAP raised this issue to persuade the Army Community Service centers to do for families with immigration issues what the Staff Personnel Offices, Military Personnel Divisions and Military Personnel Offices have been doing to assist Soldiers with applications for citizenship since 2000, when the Soldier Citizenship Application Program got started," Lord said.

In this issue, AFAP recommended installations designate and train a liaison to assist family members in the CIS process, and coordinate with CIS for approval of DoD-administered fingerprinting and physical exams.

"Immigration laws and the procedures for applying for citizenship and lawful permanent resident status (often

called green cards) are complex. Although Soldiers themselves need apply only for citizenship, family members are frequently new immigrants to this country who need to apply for green cards," Lord said.

Fingerprints are required as part of the application process for citizenship and LPR status.

Although CIS often uses fingerprints taken at enlistment for Soldiers who are applying for citizenship, technical problems may require Soldiers travel to a CIS fingerprint facility to accomplish this task.

For all family members applying for citizenship or green cards, CIS will not accept DoD fingerprints; so, they must travel to a CIS fingerprint facility to have their fingerprints taken.

Bettye Donley, Family and Morale, Welfare and Recreation Command, who is the Action Officer working Issue 515 for AFAP, said this hardship is considerable for families with children.

"Soldiers and family members assigned to 26 Army installations travel more than 100 miles to obtain required CIS services.

This and other factors can lead to emotional hardship, additional costs, distraction from mission, and possible deportation of family members," Donley said.

To alleviate this problem, CIS would like to bring immigration services, such as biometrics collection, informational appointments, adjustment of status and/or naturalization interviews, and naturalization oath ceremonies to the service members on a regular basis at their military installations.

According to former CIS Director Emilio T. Gonzalez, thousands of immigrant Soldiers, Sailors, Airmen and

Marines have made extraordinary sacrifices for America.

"At CIS, we are committed to exhausting every effort to ensure a convenient, quick and secure application process for immigrant service members. These brave men and women, and their families, deserve this service, and we are proud to assist," Gonzalez said.

By June 2008, CIS field office directors, during Phase One of this program, began contacting officials at installations within each branch of the military and presented "Immigration 101 Seminars" to service members and families.

These seminars, which are ongoing, focus on immigration information important to service members and their families, such as the military help line, address changes, capture of biometrics, military naturalization, and naturalization of eligible spouses of military members.

Phase Two of this military outreach program requires field office directors to coordinate with either regional points of contact or headquarters field operations naturalization branch POCs to ensure the availability of necessary resources.

"To assist at each of the Army's installations around the world, a relocation liaison is available to help Families coordinate with the Human Resources Command and legal office personnel," Donley said.

ACS Relocation Liaisons to CIS at installations perform a number of valuable services such as multicultural outreach programs, English as a Second Language classes, and classes on the citizenship and residency application process.

USCIS developed a Web page, <http://www.uscis.gov/military> that contains information and links to services specifically for the military and their families.

## CPAC CORNER

### DoD Codes of Conduct

#### DRESS AND APPEARANCE

□ Employees are expected to comply with reasonable dress and grooming standards based on comfort, productivity, health, safety, and type of position occupied.

□ When clothing such as coats and ties create discomfort during hot weather and in places where cooling is minimized to conserve energy, the requirements should be modified or eliminated.

□ Any management requirement for specific civilian dress and appearance must be based on a clear showing that the prohibited dress contributes to an unsafe, unhealthy, nonproductive,

or disruptive work environment.

□ Management disagreements with styles, modes of dress, and grooming now in fashion is not an adequate criterion for making such a determination.

□ Employees who wear standard uniforms (guards, firefighters, etc.) may be expected to comply with grooming and appearance standards that are more stringent than those required of other employees.

□ These standards must be in line with job requirements and with like standards for employees in similar occupations employed by other federal, state, or municipal governments.

## Bridging the gender gap



Photo by SUSANNE KAPPLER

**Keith Arachikavitz, a diversity and inclusion consultant, speaks to Fort Jackson senior leaders during an equal opportunity training session Tuesday at the Officers' Club. The training covered gender differences and how they relate to the workplace.**

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For more information, call 751-7045.

The lounge, which is open to U.S. service members, military retirees, DoD civilians, and their families, includes a sitting area, conference room, kitchen, two computer rooms, free Wi-Fi and a TV.





# Solid support is Lopez’ motivation

**Rank, name**  
Sgt. 1st Class Gabriel L. Lopez

**Unit**  
U.S. Army Drill Sergeant School

**Military Occupational Specialty / Job title**  
Infantryman/11B, drill sergeant

**Years in service**  
11 years (June 5 will be 12 years)

**Family**  
Married with a 6-year-old daughter

**Highest education**  
Pursuing an associate’s degree

**Hobbies**  
Fishing, skeet and trap shoot, and spending time with his family



Leader file photo

**Sgt. 1st Class Gabriel Lopez was recently named runner-up in Fort Jackson’s Drill Sergeant of the Year contest.**

. . .

Sgt. 1st Class Gabriel Lopez advises junior enlisted Soldiers not to worry about promotions.

Lopez has found that a solid support network of family and co-workers has been the best motivator.

“Promotions will come as long as you do your job to the best of your ability — no matter what it is,” Lopez said. “Coach, teach, and mentor your Soldiers in every aspect. Always do what is legally right, morally right and ethically right, and you will be OK in life and on the job.”

**NCO spotlight**

“Always take responsibility for your actions and [those] of your subordinates.”

In his 11 years of service, Lopez has been stationed at Fort Bragg, N.C., Camp Giant, Korea, Fort Lewis, Wash., and Fort Jackson. He has been deployed to Iraq twice.

Lopez said his co-workers and organizational leaders have influenced his Army career the most.

“They have helped mold and guide me in the right direction. They sometimes had to kick me in the rear end when I needed it most,” he said.

He also thanks his wife “for putting up with my long work hours and various deployments. She has stayed by my side the whole time.”

Besides hoping to retire from the Army as a command sergeant major, Lopez plans to complete his associate degree study and earn a bachelor’s degree in business management.

## The NCO Creed

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.” I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

### FOR THE RECORD

Sgt. 1st Class Michael Cavezza’s family status was listed incorrectly in last week’s NCO spotlight. He is single with one son.

## Backbone of the SSI



Photo by SUSANNE KAPPLER

**Sgt. 1st Class Joseph Thiebeault, an instructor with the Recruiting and Retention School, was named the Soldier Support Institute’s NCO of the quarter May 14. Attending the ceremony were Thiebeault’s mother-in-law Claudia Darnell, his wife Claudia and his son McKenzie, 6. Spc. Bobby Bonner, a supply clerk with the Training Support Battalion was named the SSI’s Soldier of the quarter.**

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# FRG provides information, friendship

When I arrived in Germany almost five years ago, it was my first time out of the country and my first experience with the Army.

Not unlike many military couples, two weeks after our wedding, my husband left for his first duty station. I followed a few months later.

I remember attending my first Family Readiness Group event a few weeks later — a welcome social for the new battalion commander’s wife. I left that event with more than just a better knowledge of field artillery — the battalion commander’s wife took time to explain to me the difference between a fire support officer and a fire direction officer — I left with the new job of battery FRG co-leader.

I also left with a laundry list of names of women who would become my support system for the next three years.


In addition to the information handed out at our regular steering committee and battery FRG meetings, we also had fun.

When our Soldiers were in garrison, we held family events like a chili cook-off; when they were deployed, there were events like the “She-IB” where us wives were able to earn a spouses version of the Combat Infantryman Badge (as the wife of a Field Artilleryman, I earned the Combat Action Badge) by successfully completing time tests for land navigation, hand grenades, M-16 assembly and more.

These ladies were by my side as we did little things —

## CRYSTAL CLEAR

By **CRYSTAL LEWIS BROWN**  
*Leader staff*



selling baked goods during a fundraiser, stuffing goody bags — and big things as well, like checking on me after my husband’s vehicle was hit by an IED while he was deployed to Iraq. He was OK, but having that support from women who understood what I was going through left its mark.

Although most of Fort Jackson’s Soldiers do not deploy, that same FRG support system is here for our families.

The command group has made quality of life for families a top priority, and the recent creation of a post-wide FRG steering committee is proof of that. Even so, many family members are hesitant to jump in and volunteer.

I’ve heard all the excuses: FRG is a clique. All they do is gossip. Why do we need an FRG if my husband isn’t going to deploy. I’m too busy.

My first FRG experience was wonderful — I never heard a single bit of gossip during one of our meetings, only concern for taking care of the families. I know, however, that others’ experiences have not been so good. I think that is even more reason to get involved and make the FRG the organization you want it to be.

Although many of our Soldiers will not deploy from here, the FRG is still a great support system. The meetings are a way to have a voice on what Fort Jackson offers families, and with no FRG, we may have no voice.

As for being too busy — well, that’s an easy one. Speak with your FRG leader, adviser or battalion commander to find out what you can do to help that fits into your schedule. With a full-time job and a 4-month-old baby who still doesn’t know that nighttime is for sleeping, it is going to be tough to squeeze in one more thing.

But I owe it to my Soldier, and myself, to participate in much of what this post has to offer.

Take a chance, and volunteer with your FRG. You may find that it is exactly what you have been looking for.

*The Fort Jackson Leader wants to hear from military spouses. The Leader is inviting submissions (questions, commentary, etc.) from or about spouses. Please send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).*

## Gone with the wind



*Courtesy photo*

Tyler Grover, 8, uses “wind power” to blow his homemade boat to the finish line. Grover was one of several Cub Scouts from Pack 89 participating in the Raingutter Regatta earlier this month at the Pack graduation/family camp out at Sesquicentennial State Park.

## The ‘write’ stuff



*Courtesy photo*

Page Ivey, Associated Press reporter, calls each C.C. Pinckney Elementary School student writer to the stage to be honored for exemplary writing. The ceremony was part of the school’s annual literary fair. The students’ essays were included in a literary magazine.



# Driver makes Fort Jackson 'pit stop'

## Leader staff report

Ryan Newman, the driver of NASCAR's Army car, stopped by Fort Jackson Monday to visit Soldiers and meet with fans.

Newman's three-hour visit included a meeting with Soldiers of the Warrior Transition Unit; a surprise visit with the 369th Adjutant General Battalion; and an autograph session at the Main Post Exchange.

After his arrival by helicopter, Newman presented Fort Jackson officials with a tire that was used on his car during the race in Talladega, Ala., several weeks ago.

While at the PX, Newman also took part in the re-enlistment ceremony of Staff Sgt. David Crispen, 120th Adjutant General Battalion (Reception). Crispen described himself as an avid NASCAR fan and said he would remember that moment for the rest of his life.



*Photos by SUSANNE KAPPLER*

**Above:** NASCAR Sprint Cup driver Ryan Newman signs autographs for Soldiers in Advanced Individual Training with the 369th Adjutant General Battalion.

**Left:** The 2008 Daytona 500 winner signs a hat for Col. Lillian Dixon, garrison commander. Newman presented Dixon with a tire used at the Talladega Superspeedway in April, where he was involved in a crash on the final lap.

**Below left:** Brig. Gen. Bradley May, Fort Jackson commanding general, presents Staff Sgt. David Crispen, 120th Adjutant Battalion (Reception), with his re-enlistment certificate. Newman is holding the flag in the background. Crispen said he chose Newman's visit to re-enlist because he is an avid NASCAR fan.

**Below right:** Newman met with Soldiers from the Warrior Transition Unit during his visit to Fort Jackson Monday.



*Photo by DELAWESE FULTON*







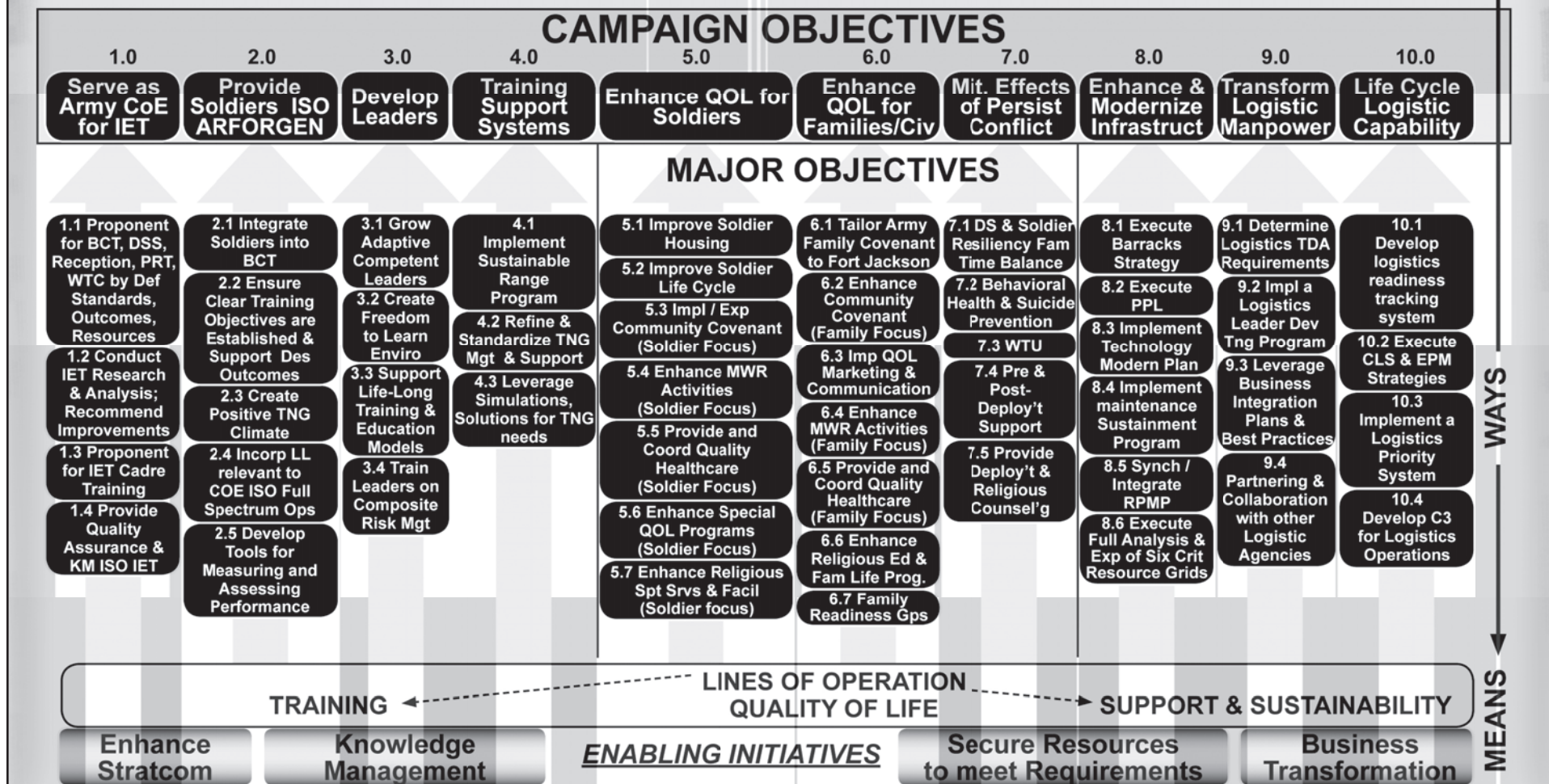
## Fort Jackson Strategy Map



**VISION:** Team Jackson, a proud legacy of training and inspiring American Soldiers for over 90 years, committed to transforming individuals and institutions, while at the same time providing the highest quality of life and care for our Soldiers, Families, and Civilians.

### Tradition, Training, Transformation

**MISSION:** The Army Training Center and Fort Jackson executes *Basic Combat Training and Advanced Individual Training*; enhances *Drill Sergeant and Cadre Leader Training*; and synchronizes *Service Support Operating Systems* in order to effectively transform civilians, train Soldiers, and develop leaders who live the Warrior Ethos, are physically tough, mentally adaptive, and able to contribute to the success of their first unit of assignment supporting ARFORGEN requirements for both the Operational Army and the Generating Force.



# Strategy map details campaign plan

## Leader staff report

The strategy map outlines the framework for Fort Jackson's campaign plan. Vertically, the map is divided into "ends," "ways" and "means" (see the arrows on the right).

The "ends" are expressed in Fort Jackson's mission statement. Fort Jackson's strategic vision consists of three ends.: To support the Army Force Generation, or ARFOR-

GEN, by focusing on initial military training; to provide the highest quality of life possible for those who live and work here; and to improve, synchronize and integrate Fort Jackson's support and sustainability systems.

The biggest part of the strategy map shows the "ways." The ways are the methods by which the ends are achieved. The ways are expressed as campaign objectives with associated major objectives. There are 49 major objectives,

which encompass every aspect of work done on Fort Jackson.

At the bottom of the strategy map are the "means." The means are the resources and initiatives that enable Fort Jackson to achieve its ends. The means of Fort Jackson are strategic communication, knowledge management, physical assets, financial resources and business transformation processes.

## PX offers rewards to good students

Besides being a destination for school supplies and clothes, the PX offers an array of free and discounted products to students who excel in the classroom through its "You Made the Grade" program.

Now in its ninth year, AAFES' education rewards program rewards students in grades one through 12 who maintain a "B" average or better.

The current "You Made the Grade" booklet includes coupons such as a free regular 6-inch combo meal from Sub-

way and \$2 off any new release DVD.

Each booklet also contains an entry form for a quarterly drawing in which three winners are randomly awarded savings bonds in \$2,000, \$3,000 or \$5,000 denominations.

"All authorized exchange shoppers, who are full-time students, are eligible to pick up a booklet and register for the savings bonds every time they receive a qualifying report card," said Jason Rosenberg, Fort Jackson AAFES general manager. "The program offers a ter-

rific practical learning experience for our military students. It pays to learn."

To receive the AAFES "You Made the Grade" booklet, students must present a valid military ID card and proof of an overall "B" or better average to the PX at 4110 Moseby St.

Students may receive one coupon package and enter the savings bond drawing for every qualifying report card.

Call 787-1952, ext. 110 for more information.

## Road closure

Marion Avenue will be closed for vehicle traffic between Engineer Road and Semmes Road beginning Tuesday to repair a sinkhole near Cleburne Street.

The construction is expected to take 30 days to complete.

Large vehicles and trucks will be diverted from Marion Avenue to Washington Road to Lee Road to Strom Thurmond Boulevard.

Regular traffic will be diverted from Marion Avenue to Engineer Road to Warehouse Road to Semmes Road.

Look for further updates in the *Leader*.



# Army expands mental health services

## Special to the Leader

May is Mental Health Month and the perfect opportunity for raising awareness of the mental health services available to the Fort Jackson community.

Army wide, there have been several recent additions to the Army's mental health programs. These include:

— The yearly deployment of the Mental Health Advisory Team (2003 to present) which recommends policies and procedures, like the distribution of health care providers and access to care in theater and back home.

— The post-deployment health reassessment, or PDHRA, started in 2005. The PDHRA gives Soldiers the chance to identify new physical or behavioral concerns that were not present immediately after redeployment. As part of this process, a health care provider assists the Soldier in identifying any post deployment issues before they worsen.

— The "BATTLEMIND" training program, adopted in 2006 from the Walter Reed Army Institute of Research, is aimed at reducing combat-related mental health issues. The strengths-based approach highlights skills that keep Soldiers alive in combat rather than focusing on combat's negative effects (see [www.battlemind.org](http://www.battlemind.org)). Two new DVDs/CDs dealing with family deployment issues — one for 6 to 11 year olds, and one for 12 to 19 year olds have been added; see [www.behavioralhealth.army.mil](http://www.behavioralhealth.army.mil) and click on children;

## FOR MORE INFORMATION

### Important numbers:

- ❑ Department of Behavioral Health: 751-2235
- ❑ Community Mental Health Services: 751-5911
- ❑ Social Work Services: 751-6597
- ❑ Family Advocacy Program: 751-6597
- ❑ Army Substance Abuse Program: 751-6597
- ❑ Joint Mental Health Services: 751-2513

### Web sites:

- ❑ [www.militaryonesource.com](http://www.militaryonesource.com)
- ❑ [www.afterdeployment.org](http://www.afterdeployment.org)
- ❑ [www.tricare.mil](http://www.tricare.mil)
- ❑ [www.milspouse.org](http://www.milspouse.org)
- ❑ [www.ncptsd.va.gov/ncmain/index.jsp](http://www.ncptsd.va.gov/ncmain/index.jsp)
- ❑ [www.va.gov](http://www.va.gov)

— A PTSD and MTBI Chain Teaching program, launched in 2007, that will reach more than one million Soldiers to assist with early intervention.

— The Army Suicide Prevention "Stand Down" in February, which addressed the recent uptick in Army suicides. The program uses videos based on real-life events to help Soldiers learn both the risk factors for suicide and how to intervene.

At Fort Jackson, the Department of Behavioral Health

provides comprehensive treatment to the Moncrief Army Community Hospital area.

Some new additions to the MACH staff also allows for in-house treatment that was not previously available.

These services include:

— Community Mental Health Services for Soldiers who train on post; TDY personnel assigned for training; and permanently assigned Soldiers.

— Social work services for individual, marital, family and group therapy including children and adolescents age 4 to 18.

— Family Advocacy Program for 24-hour emergency response to victims of spouse abuse, child and elder abuse/neglect, including investigative and treatment services to victims and families

— Army Substance Abuse Program for active-duty Soldiers needing alcohol and other substance abuse treatment.

— The newly developed Joint Mental Health Services for outpatient mental health care and tele-psychiatry to OIF/OEF Veterans from Fort Jackson, Dorn Veterans Administration Medical Center, and Shaw Air Force Base.

Lastly, Military OneSource is a free, confidential service available to all military personnel and their families with local counselors available.

**Editor's note:** The information in this article was compiled by the OTSG/MEDCOM public affairs office and the Moncrief Community Hospital Community Mental Health Services clinic.

## Post celebrates National EMS Week

### From Emergency Medical Services

National Emergency Medical Services Week, which is this week, signifies the importance of EMS in the lives of the community in which they serve.

They are so much more than just an ambulance ride to the hospital. Emergency workers take pride in the fact that they can — and will — serve, protect, and meet the needs of our patients with compassion and friendliness, and without bias or prejudice.

At Fort Jackson, the Emergency Services Center houses the Fire Department, EMS, DA police and Military Police, as well as the security personnel from Wackenhut.

Being a mission-based federal EMS service, the priority is to the pre-hospital emergency care of Warriors in training, permanent party personnel, on-post residents, civilian employees, and all patients seeking services at Moncrief Army Community Hospital. Because EMS is an extension of MACH, they also take pride in bringing that excellence of service directly to those who need it.

Not only do Emergency Medical Technicians care for Fort Jackson patrons, they also provide basic First Aid and Advanced Medical training to anyone within the Fort Jackson community.

The Fort Jackson EMS is "A Proud Partner in Your Community!"

For more information about EMS services call 751-6148/6374.

## MACH updates

### CATARACT SCREENING

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations June 19 and July 24 for all beneficiary categories, including active-duty family members, retirees and retiree family members. To schedule an appointment, call 751-5406. Patients do not need a referral to schedule an appointment.

### APPOINTMENT CANCELLATIONS

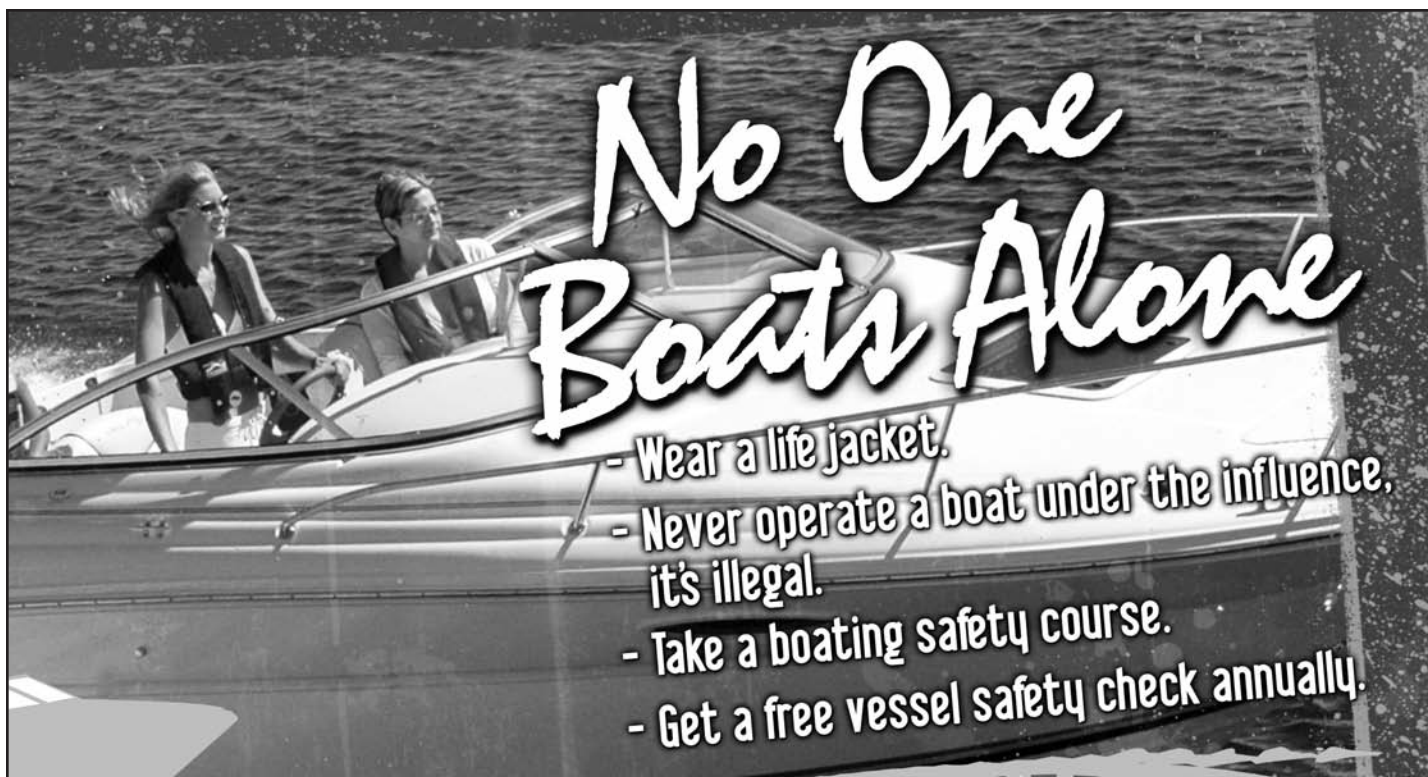
Please do not miss a scheduled appointment. Every no-show appointment results in a loss of resources and prevents other patients from gaining access to medical care. If you are unable to keep your appointment, call 751-CARE (2273) during normal duty hours (6:30 a.m. to 4 p.m.) and choose option 1. This will send you to a central appointments clerk who will assist you with cancelling your appointment and rescheduling, if needed. A phone number has been established for patients to call to cancel their appointments after duty hours. To cancel your appointment after duty hours call 751-2904.

### NEW PHARMACY LOCATION

The pharmacy is now located on the ground floor, and the TRICARE, EFMP and EDIS offices are located on the 10th floor.

### TRICARE ONLINE

MACH patients can schedule appointments around the clock by visiting [www.tricare.mil](http://www.tricare.mil).





# Focus group IDs issues for retirees, vets

The garrison hosted a retiree/veteran focus group May 5. The purpose of the focus group was to provide a forum for delegates to raise issues that affect all retirees and veterans in the community.

Three major issues surfaced during the focus group:

- Issue:** Expanding access to information for retirees and veterans in remote locations.
- Scope:** An insufficient amount of information is being disseminated to retirees and veterans residing beyond the Fort Jackson and Midlands areas. Although upstate South Carolina is the fastest growing area for retirees and veterans, the area is not being consistently reached. There appears to be no proactive information push and outreach for remote retiree and veteran participation in Fort Jackson events. Therefore, this population is unable to take advantage of services such as commissary and PX sales, military benefits and FMWR on-post events.
- Recommendation:** Identify retirees and veterans and establish an information network that would expand access to timely information. Suggestions for information

## CUSTOMER SERVICE CORNER

By **VERONICA PATRICK**  
*Community FIRST Coordinator*

- dissemination include: Provide the *Leader* in outpatient clinics in remote areas; coordinate with VA offices in outlying counties to distribute flyers about upcoming events; and start an e-mail “buddy list” similar to that used by AAFES.
- Issue:** Dissemination of veteran’s services information
  - Scope:** Fort Jackson provides information to the South Carolina Veterans Affairs officers and military organizations. However, the information is not filtering down to the individual veterans. Veterans are often left uninformed and may be unable to use valuable services and benefits. The state’s Veterans Affairs Web site provides much of this information, as well as contact information for county VA offices.
  - Recommendation:** Add a link to the

- state VA Web site on the Fort Jackson Web site homepage.
- Issue:** Nutrition education program for retirees and veterans
  - Scope:** There are an abundance of food choices available for purchase to consumers. However, patrons may be unable to make proper decisions on the right foods to eat. A nutrition education program will educate the community about healthy eating, which will improve individual health through diet.
  - Recommendation:** Expand the current commissary awareness program (nutrition education) offered to Better Opportunity for Single Soldiers to retirees and veterans.
- Other issues that were raised by the delegates included the dissemination of information about vocational rehabilitation programs to disabled veterans, and the current installation policy regarding concealed weapon permits.
- The annual retiree/veteran focus group is a part of the Community FIRST issue resolution process.

**ICE APPRECIATION**  
The garrison congratulates the Direc-

To view the status of all Community FIRST issues or to submit a new issue, visit the Customer Management Services Web site at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>.

Click on the “Submit an Issue or Recommendation” link or click on the Community FIRST/AFAP logo to submit an issue.

Whether it affects individuals and constituent groups here at Fort Jackson or throughout the Army, feedback is important.

Help improve the community by submitting issues and recommendations online.

# Saluting this cycle’s BCT honorees

## DRILL SERGEANTS OF THE CYCLE



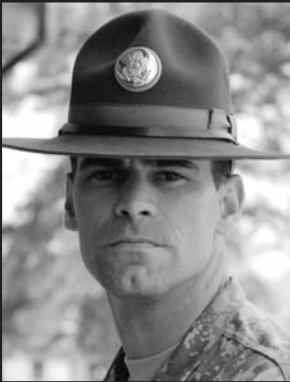
**Staff Sgt.**  
**Christopher Widener**  
Company B  
3rd Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Pfc. Ryan Alexander

**SOLDIER OF THE CYCLE**  
Pfc. Lee Combs

**HIGH BRM**  
Pvt. Bryan Sharpe

**HIGH APFT SCORE**  
Pvt. Randy Anguiano



**Staff Sgt.**  
**Leo Potter**  
Company C  
3rd Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Spc. Joseph Elian

**SOLDIER OF THE CYCLE**  
Spc. Benjamin Beaumont

**HIGH BRM**  
Pfc. Brian Scharr

**HIGH APFT SCORE**  
Pfc. Derek Dean



**Sgt.**  
**Barrie Makin**  
Company D  
3rd Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Pvt. Jesus Leyva

**SOLDIER OF THE CYCLE**  
Pvt. Brianne Zuniga

**HIGH BRM**  
Pvt. Chris Greene

**HIGH APFT SCORE**  
Pvt. Brianne Zuniga



**Staff Sgt.**  
**Edward Cummings**  
Company F  
3rd Battalion,  
34th Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Spc. Brent Searcy

**SOLDIER OF THE CYCLE**  
Pfc. Eric Rose

**HIGH BRM**  
Pvt. Tyler Sager

**HIGH APFT SCORE**  
Spc Robyn Baumbach

## SUPPORT AWARDS OF THE CYCLE

- |   |                                      |   |
|---|--------------------------------------|---|
| <b>SERVICE SUPPORT AWARD</b><br>Staff Sgt. Lidilia Amadorflores | <b>DFAC AWARD</b><br>Randall Osborne | <b>FAMILY SUPPORT AWARD</b><br>Shannon Grover |
|---|--------------------------------------|---|

# AG Corps holds Annual Fun Run

Soldiers, civilians and family members participated recently in the Adjutant General Corps Regimental Ball Fun Run.

Capt. William Coy, with the 120th Adjutant General Battalion (Reception) and the event’s project officer, said the run was not only a way to raise money for the June 5 ball, but to have fun as well.

“The AG Fun Run serves as a way to offset costs for the Adjutant General’s Corps National Regimental Ball,” said Capt. William Coy, project officer. “This year in particular, ball prices were lowered in order to entice more of our younger NCOs and Soldiers to attend. This year’s annual Fun Run was a success, and we surpassed expectations, while having a good time.”

Winners were announced for men and women in four age categories for the 3K walk, 5K run and 10K run.

Call 751-5008/3150 or visit [www.agball.agcra.com](http://www.agball.agcra.com) for information about the ball.

## LEADER DEADLINES

- ☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the June 4 *Leader* should be submitted by today.
- ☐ Announcements are due one week before the scheduled publication. For example, an announcement for the June 4 *Leader* should be submitted by May 28.
- ☐ Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).





At your service  
phone numbers and opening hours for key post facilities

All South Federal Credit Union	782-9830	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
American Red Cross	751-4329/5923	Monday-Friday; 8 a.m. to 4:30 p.m.
Andy’s Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.; call for opening hours on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4:30 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Bowling, Century Lanes	751-6138	closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m., ; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2-10 p.m.
Bowling, Ivy Lanes	751-4759	
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday, Thursday7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday; 10 a.m. to 7 p.m.
Clinical Army Substance Abuse Program	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year’s Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7593	Monday-Thursday, 8-11 a.m. and 1-3 p.m.
Defense Military Pay Office	751-6669 (Soldiers) 751-4914 (Civilian)	Monday-Friday, 8-11:30 a.m. and 12:30-4 p.m.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
Furniture Store	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
Hospital Retail Annex	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday- Friday, 8 a.m. to 4 p.m.
Legal Assistance and Claims	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday through Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
Military Clothing Sales Store	787-5248	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
NCO Club	782-2218	Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. The NCO Club is open later for entertainment and special events; call for details and times
Officers’ Club	751-4906	Monday-Friday, 8:30 a.m. to 4:30 p.m. (open to nonmembers); Sunday brunch, 11 a.m. to 2 p.m. (members)
Palmetto Falls Water Park	751-3381	closed Monday; Tuesday-Saturday, 11 a.m. to 7 p.m.; Sunday, 1-7 p.m.
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pools, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m.; closed Saturday and Sunday
Pools, Legion	751-4796	Monday-Friday, noon to 7 p.m.; closed Saturday and Sunday
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Open 24 hours for drop-off
Refill Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Reuse Center	751-5121	Monday-Friday, 9 a.m. to 6 p.m.
Safety Office	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Shoppette Lee Road	782-0590	Monday-Friday, 7 a.m. to 8 p.m.
Shoppette Gate 1	782-2076	Monday-Friday, 7 a.m. to 9 p.m.; Saturday and Sunday, 8 a.m. to 9 p.m.
Shoppette Gate 2	790-4478	24 hours a day
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday, 9 a.m. to 2:30 p.m.; Thursday, 9 a.m. to 5:30 p.m.; first Saturday of the month, 9 a.m. to 2:30 p.m.,
Vanguard Gym	751-4384	
Vehicle Registration	751-5887	Monday-Friday, 8 a.m. to 4 p.m.
Veterinary Clinic	751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Victory Travel	751-5812	Monday-Friday, 8 a.m. to 5 p.m.

Anything we missed? E-mail us at [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).  
This information is published monthly in *The Fort Jackson Leader*.



# HAPPENINGS

## Calendar

*Today*  
**The Rocks Inc.**  
“Promotions and Selections”  
5:30 p.m., Post Conference Room  
Call 751-1898 for information.

*Tomorrow*  
**17th Annual International Day**  
8:30 a.m., Pierce Terrace Elementary

*Friday, May 29*  
**A.T. E.A.S.E.**  
Homefront Heroes spouse tribute  
6-8 p.m., Main Post Chapel  
Dinner will be served. Free child care.  
For information call 708-2869, 708-0656  
or e-mail [at\\_ease\\_jackson@yahoo.com](mailto:at_ease_jackson@yahoo.com).

**Wacky Tacky Golf Tournament**  
1st flight - 5 p.m., 2nd flight - 7:30 p.m.  
Officers’ Club  
Team building exercise for Soldiers, family members, DA civilians, retirees and their guests.

*Wednesday, June 3*  
**AUSA membership luncheon**  
11:30 a.m., Officers’ Club  
Contact [SbButler@bellsouth.net](mailto:SbButler@bellsouth.net) for information.

*Friday, June 19*  
**MACH NCO Induction Ceremony**  
3:30 p.m., NCO Club  
Speaker: Command Sgt. Maj. Brian Stall  
Commanders and command sergeants major RSVP at [Eric.Mason@amedd.army.mil](mailto:Eric.Mason@amedd.army.mil).

## Announcements

**WOUNDED WARRIORS’ RETREAT**  
South Carolina National Guard, Soldier Family Assistance Center and the American Red Cross are hosting a Wounded Warriors’ Retreat Aug. 14-16 at Bethelwoods Camp in York.  
This free event for wounded Warriors and their families will be filled on a first come basis. Register by July 10. Contact 806-1641 or [www.guardfamily.org](http://www.guardfamily.org) for information.

**MILITARY SALES HOURS**  
Operating hours for the Military Clothing and Sales Store are Monday-Friday, 9 a.m. to 7 p.m. and Saturday-Sunday, 10 a.m. to 4 p.m.

**1ST BCTG SOLDIERS WANTED**  
The 1st Battle Command Training Group Army Reserve is establishing a detachment in the Columbia area and looking for Soldiers. There are immediate openings for Soldiers in ranks sergeant

through lieutenant colonel, regardless of rank. For more information, call (205) 987-8443 ext. 4414, (205) 444-5208/5163 or e-mail [Larry.KingSr@usar.army.mil](mailto:Larry.KingSr@usar.army.mil), [John.R.Walker@usar.army.mil](mailto:John.R.Walker@usar.army.mil) or [Karlos.Parker@usar.army.mil](mailto:Karlos.Parker@usar.army.mil).

**MYRTLE BEACH MILITARY APPRECIATION DAYS**  
The Myrtle Beach Military Appreciation Days are scheduled May 28-30. The 5K run/walk is scheduled Saturday, May 30. Registration is free for active duty military and \$20 for veterans and civilians.  
Race day registration and packet pickup 6:30-7:45 a.m., Crabtree gym, 1004 Meyers Ave. Race times are 8 a.m., wheelchair 5K and 8:30 a.m., 5K run/walk.  
Call (843) 918-1191 for more information.

**MUSEUM CLOSED**  
The U.S. Army Basic Combat Training Museum is closed until further notice.

**RED CROSS SEEKS VOLUNTEERS**  
Volunteers are needed to role play during a shelter operations exercise 9 a.m.-noon, tomorrow at the Red Cross Station Office. Call 751-4329 to volunteer.

## CoC/CoR ceremonies

*June 2*  
**Assumption of Responsibility, USAG Fort Jackson**  
10 a.m., Post Headquarters  
(If inclement weather, Joe E. Mann Center)  
Command Sgt. Maj. Christopher Culbertson.

## Housing events

*Friday, May 29*  
**Breakfast on the go**  
7:30 p.m., Corner of Chesnut and Carter.  
Stop by for a free breakfast on the way to school.

*Saturday, June 6*  
**Community yard sale**  
8 a.m.-noon, Thomas Court parking lot  
Balfour Beatty will provide tables and advertising for residents. RSVP interest by May 27 by calling 738-8275 or e-mailing [CoWilliams@bbcrgrp.com](mailto:CoWilliams@bbcrgrp.com).

*Every Tuesday*  
**Walking club**  
9 a.m., Strollers are welcome.

*Every Thursday*  
**Kids Day**  
10 a.m., Themed activities for children younger than school age.

## Off-post events

*Sunday*  
**Military spouse appreciation program**  
5 p.m., Brookland Baptist Church  
1066 Sunset Blvd., West Columbia  
For information call 479-2364 or e-mail [Helen.McGill.Davis.@us.army.mil](mailto:Helen.McGill.Davis.@us.army.mil).

*Saturday, June 13*  
**Palmetto Painters**  
Meeting and White Elephant sale  
10 a.m., Green Hill Baptist Church,  
1734 Augusta Rd. 781-2340 or [www.PalmettoPainters.com](http://www.PalmettoPainters.com) for information.

**EDVENTURE FAMILY NIGHT**  
Edventure Children’s Museum offers family nights the second Tuesday of each month from 5-8 p.m. Discounted admission. Visit [www.Edventure.org](http://www.Edventure.org) for information.

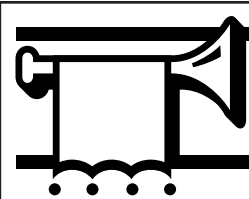
**SUMMER READING PROGRAM**  
The Richland County Public Library summer reading club begins June 1. The clubs, which runs until Aug. 13, has programs for ages 12 and younger, teens and 18 and older. For information, visit [www.myRCPL.com](http://www.myRCPL.com) or call 924-3434.

**HOMEOWNERS WORKSHOPS**  
The Homeownership Resource Center is offering a free foreclosure workshop for homeowners.  
First and third Saturdays, 9-11 a.m. and every last Tuesday of the month, 5-7 p.m. at the Midlands Community Development Corporations-Dream Center, 2340 Atlas Road. Call 1-888-320-0350 for information.

## Pets of the Week



Photos by OITHIP PICKERT  
**From top: Three 7-week-old kittens, various colors, are looking for a home. The sex of the kittens cannot yet be determined. For information on pet adoption or other services, call the Veterinary Clinic at 751-7160.**



# Public Notices

The U.S Army Garrison, Fort Jackson is surveying the public to determine if there is sufficient community interest to warrant the establishment of an Installation Restoration Board (RAB).  
The purpose of the RAB is to promote community involvement by giving the public the opportunity to review progress regularly and participate in dialogue with the decision makers regarding Fort Jackson’s environmental restoration process.  
The RAB will consist of Army and South Carolina Department of Health and Environmental Control (DHEC) representatives as well as members of the local community. The RAB will be co-chaired by an Army and a community representative.

The community co-chairperson will be selected by the community members of the RAB. The RAB will meet on a regularly scheduled basis and the meetings will be open to the public.  
If, as a result of this public notice, it is determined that there is sufficient community interest, a RAB will be organized.  
Interested RAB participants should be willing to devote ample time to review Army documents within prescribed time frames.  
To put your name on the list of interested people or for more information on participating in the RAB, the point of contact at Fort Jackson is Mr. Lahiri Estaba at 803-751-73321 or 803-751-5011.





# Paying tribute to the military

## Fort Jackson celebrates Armed Forces Day

By **SUSANNE KAPPLER**  
Leader Staff

Thousands of visitors to Fort Jackson's 59th Armed Forces Day celebration were treated to historic and current displays, re-enactments, a parade and other fun activities, featuring all branches of service and a special appearance by the Tuskegee Airmen.

Members of the Celebrate Freedom Foundation displayed historic military vehicles and other artifacts. In addition, re-enactors wearing period uniforms re-enacted military battles ranging from the Revolutionary War to the Vietnam War.

"It's important to me to see what the Army is all about," said Stephen Riggs, Celebrate Freedom Foundation volunteer. "We want to show the evolution of the Army over 234 years."

However, learning about military history was not the only thing to do.

Children could enjoy rides in a carnival area and participate in a mini Basic Combat Training, doing pushups and sprints under the guidance of drill sergeants.

Several Fort Jackson organizations offered

information about their services and static displays invited visitors to take a closer look at military vehicles.

The highlight of the day was the opening ceremony, which featured Soldiers from the 187th Ordnance Battalion, who emerged onto the field from behind a cloud of smoke.

"Many things have changed in American lives in the past 59 years, but the reasons to celebrate Armed Forces Day remain the same," said Brig. Gen. Bradley May, Fort Jackson commanding general, in his opening remarks. "This is an occasion to say thank you for who you are and what you do."

Shelia Lemon had a very personal reason to pay her respects to the members of the armed forces. Her husband, Staff Sgt. Jerome Lemon, was killed in Iraq in 2004. Wearing her late husband's Purple Heart, she came to honor him and all other service members and their families.

"It's a great tribute," Lemon said. "It means a lot to our Soldiers — how they dedicated their lives to our country. They sacrificed a lot — their family and friends as well."

*Susanne.Kappler1@us.army.mil*



Above: Amir Brockington, 11, tries on parachute gear. In addition to showing children how to don a parachute, Soldiers from the Airborne Orientation Course also demonstrated parachute rigging.  
Left: Members of the 2nd Virginia Cavalry Company C prepare for the opening ceremony. The Civil War re-enactors traveled from Roanoke, Va., to participate in Fort Jackson's Armed Forces Day.

Above: Michael McCathern, 8, enjoys the view sitting on a Civil-War-era cannon during Fort Jackson's Armed Forces Day celebration Saturday at Hilton Field.  
Right: Spann Watson, one of the original Tuskegee Airmen, signs autographs for visitors. The Tuskegee Airmen were the first African-American military pilots during World War II. Watson and fellow Tuskegee Airman Leroy Bowen also participated in the opening ceremony.





# Beach bash marks the beginning of summer

By **THERESA O'HAGAN**

*Family and Morale, Welfare and Recreation*

Summer will officially arrive at Fort Jackson Saturday with the opening of the swim area at Weston Lake.

For more than a decade, Morale, Welfare and Recreation (now FMWR) has officially kicked off the summer season with its annual Weston Lake Beach Bash, now in its 17th year.

The gates open at 11 a.m. and the party will continue until 6 p.m. Weston Lake Beach Bash includes a variety of activities, including free use of paddleboats and canoes, hourly door prize drawings, music, and of course, lake swimming. Admission is free for ages 3 and younger, \$1 for children ages 4-9 and \$3 for ages 10 and older.

Approximately 300-500 beach lovers are expected to attend this year's event.

The swimming area will be open Thursdays through Sundays until Labor Day, including federal holidays. Swimming in the lake is restricted to the designated swim area on the beach and only on days when lifeguards are on duty. Swimming in all other areas is prohibited.

Although swimming is the only activity restricted by season, it is not the only activity offered at the lake. The entire Weston Lake recreation area comprises more than 1,000 acres. Nearly 250 acres of that is water.

There are hiking, biking and walking trails, cabins, picnic shelters, a community house, boat ramp, campsites and more.

A variety of watercraft, including jon boats, canoes and pontoon boats, is also available. Marion Street Station offers boat, motor and trailer packages for those who want to take a boat to Weston Lake or one of the lakes in the Columbia area, such as Lake Wateree.

Fishing is another popular activity at Weston Lake, and bass, bream, crappie, catfish and jacks are available for catching.

There are also many varieties of wildlife to which Weston Lake is home. Barn swallows, Canadian geese, deer and turtles are just a few of the animals that can be viewed on any given day.

There are also playgrounds, a soccer field, basketball courts, volleyball nets and a softball field.

## WESTON LAKE HOURS OF OPERATION

May 1-Sept. 30: 10 a.m. to 6 p.m.

Oct. 1-April 30: 9 a.m. to 5 p.m.

The swimming area is open Memorial Day through Labor Day. The swimming area is open Thursday-Sunday and federal holidays. Hours are 10:30 a.m. to 5:30 p.m. Lifeguards are on duty.

Personal flotation devices are provided with rental of boats.

For more information on Weston Lake, call 751-LAKE. For more information on Marion Street Station, call 751-3484.

## FMWR calendar

### TODAY

- ❑ Visit Century Lanes for food, fun and bowling.
- ❑ Magraders Pub and Club is open for lunch.
- ❑ Visit the Officers' Club 11 a.m.-1:30 p.m. for specials or the buffet.
- ❑ Exceptional Family Member Program potluck supper, 5 p.m., Main Post Chapel activity room.

### TOMORROW

- ❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ❑ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Fish fry at the Officers' Club, 11 a.m. to 1:30 p.m.

### SATURDAY

- ❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military. Live broadcast from the BIG DM 103.1 with giveaways, 9:30-11 p.m.

### SUNDAY

- ❑ Family day at the Youth Services Center, 2-6 p.m.
- ❑ Traditional brunch, 11 a.m. to 2 p.m, Officers' Club.
- ❑ Palmetto Falls Water Park opens for the season, 11 a.m.
- ❑ Splash into Beach Bash, 11 a.m. to 7 p.m., Weston Lake. Admission is free for children younger than 3, \$1 for children 4-9 years old and \$3 for everyone older than 9.

### MONDAY

- ❑ The NCO Club offers a full lunch buffet Monday-Friday, 11 a.m. to 1:15 p.m. for \$7.

### WEDNESDAY

- ❑ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.

### ANNOUNCEMENTS

- ❑ New passport requirements take effect June 1. For more information about the new requirements, visit [www.fortjacksonmwr.com/travel](http://www.fortjacksonmwr.com/travel).

### ONGOING OFFERS

- ❑ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.
- ❑ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ❑ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for most hotels. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is installation number 164.1.
- ❑ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.





# Faith, attitude provide one-two punch

**By CHAPLAIN (MAJ.) RAYNARD CHURCHWELL**  
*369th Adjutant General Battalion*

There are times in our lives when we go through certain situations that may cause us to lose our faith. However, the power of faith is very influential.

If we look closely, we can see that faith can become a very powerful means for fulfillment in life. Also, when we live in faith, we can have a greater momentum toward our goals in life.

Faith also helps to simplify our lives and relieve many inner conflicts within our minds. Amazing transformations in our daily lives or career can happen when we apply the

power of faith. This is why faith is so greatly encouraged, even in those who are by nature extremely doubtful.

So what is faith?

The book of Hebrews, chapter 11:1, says: “Faith is the substance of things hoped for and the evidence of things not seen.”

For example, there was a child who showed his grandfather a very special jar but told his grandfather to never open it. The grandfather thought the jar looked empty and he couldn’t imagine what was inside.

When he asked his grandson what was inside, his grandson replied, “The wind. Grandfather, I caught the wind.”

You see, this is what pure faith is like. We can’t see the

wind, nor taste the wind; we can only hear and feel it. Yet none of us doubts that the wind exists. In many ways, the power of faith is just like the wind; we can’t see faith or taste faith, we can only hear it through the spoken word and we can feel it in our spirit and soul.

Faith is a powerful thing. It can strengthen us, encourage us, inspire us and motivate us to accomplish great things. However, one thing is for sure — our attitude determines the outcome of our faith.

Attitude and the power of faith are first cousins. So let us put the power of faith into action within our units, at home with our families, our communities and our every-day goals.



**Protestant**

- Sunday  
8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)  
7:45 a.m. Bayonet Chapel (Hispanic)  
9 a.m. and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Main Post Chapel)  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next, USACHCS, Fox/Poling Lab.
  - Wednesday  
6 p.m., Prayer Service Daniel Circle Chapel  
7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY**
- Monday

- 7 p.m. Women’s Bible Study (PWOC — Main Post Chapel, Class 209)
- Wednesday  
7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation’s Youth (Daniel Circle Chapel)
  - Thursday  
9:30 a.m.-noon Women’s Bible Study (PWOC, Main Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)
  - Saturday  
8 a.m. Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)
- PROTESTANT YOUTH OF THE CHAPEL**
- Saturday  
11 a.m. Daniel Circle Chapel (third Saturday)
  - Sunday  
5 p.m. Main Post Chapel
- Catholic**
- Monday-Friday  
11:30 a.m. Mass (Main Post Chapel)
  - Sunday  
8 a.m. Mass (MG Robert B. Solomon Center)  
11 a.m. Mass (Main Post Chapel)  
9:30 a.m. Mass (120th AG Battalion Chapel)

- 9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry
- Wednesday  
7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry
- Lutheran/Episcopalian**
- Sunday  
8 a.m. Memorial Chapel
- Islamic**
- Sunday  
8-10 a.m. Islamic Studies (Main Post Chapel)
  - Friday  
12:30-1:45 p.m. Jumah Services (Main Post Chapel)
- Jewish**
- Sunday  
9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)
- Church of Christ**
- Sunday  
11:30 a.m. Anderson Street Chapel

**Latter Day Saints**

- Sunday  
9:30 a.m. Anderson Street Chapel

**Addresses, phone numbers**

- Daniel Circle Chapel**  
3359 Daniel Circle, Corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., Corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050



# FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Ronald F. Taylor**  
*Director,  
Emergency Services/Provost Marshal*  
**Sgt. Maj. Allen Taylor Jr.**  
*Provost Sergeant Major*  
**Billy Forrester**  
*Fire Chief*



## CASES OF THE WEEK

❑ Two Soldiers were involved in a fight at their unit that resulted in no injuries. Military Police responded to a call that one Soldier had pushed another Soldier.

Both Soldiers were apprehended and were given breathalyzer tests, MPs said. The tests indicated that the Soldier who was pushed had a blood alcohol level of 0.09 percent.

❑ A vehicle was towed from Gate One after the driver abandoned it. The driver walked away from the car after it broke down near the gate, MPs said. According to authorities, attempts to contact the owner of the vehicle were unsuccessful.

❑ Two Soldiers were turned over to their unit after an outburst in a taxi. After the Soldiers got into an argument while inside the vehicle, the taxi driver called the police, fearing the temper outburst would escalate, MPs said.

## TIP OF THE WEEK

Tips for when you are stopped by a police officer for a potential traffic violation

— Pull over safely out of the flow of

- traffic.
- Be respectful and give honest answers to the officer’s questions.
  - Place your hands on the steering wheel and remain calm.
  - At night, turn on your interior light in the vehicle.
  - Remain in your vehicle unless instructed to exit by the officer.
  - If you are not sure why you are being stopped, ask politely at the appropriate time.
  - Most important, do not argue. Guilt or innocence can only be determined in court.

Following these few tips can lead to a quick, efficient and less stressful encounter with an officer while preventing potential problems.

Understand that police officers must prepare for the worst to happen and will treat all situations as if the worst will happen until the situation dictates otherwise. This helps keep both officers and citizens safe.

**crimestoppers**  
**1-888-559-TIPS**  
[www.midlandscrimestoppers.com](http://www.midlandscrimestoppers.com)

**FORCE PROTECTION  
THOUGHT OF THE WEEK**

**FROM AIS TO SIGINT 2007 EDITION**

**OPERATIONS  
SECURITY  
FOR  
DUMMIES**

**PROTECTING  
YOUR  
ORGANIZATION  
FROM...  
YOURSELF!**

**WHAT DO I DO  
WITH THIS  
FOUO?**



# JAG presents Soldiers with MEB help

**By CAPT. JENIFFER COX**  
*Legal Assistance Attorney*

Fort Jackson's Warriors in transition, Soldiers going through the Medical Evaluation Board or Physical Evaluation Board process, and their families now have an attorney of their own.

Marcelle Quist is a licensed and experienced lawyer who was recently hired to provide legal counsel and representation for Soldiers undergoing the MEB process.

Regina Stover was also recently hired as a paralegal to support the MEB Outreach Counsel program. Stover served as a paralegal as an active duty Soldier, and she has 12 years of experience.

These two new additions are part of the Office of the Staff Judge Advocate at Fort Bragg, and their focus is on providing legal counsel to Soldiers and their family members during the MEB.

They do not advise the hospital, the Warrior Transition Unit or the Soldiers' chain of command. They are the legal office assigned to assist Soldiers from this area and are ready to help. Quist can provide advice to anyone undergoing an MEB, whether assigned to the WTU or not.

Why would a Soldier need an attorney?

When going through the MEB process, Soldiers are often confronted with a number of tough decisions that can have significant legal consequences. For example, Soldiers often ask themselves questions, such as:

Do I want to be found fit so that I can stay in the Army? Do I want to be found unfit and maximize my disability rating so that I can move into the next phase of life? What if my medical condition is determined to be the result of combat or that it was incurred or aggravated in the combat zone? Will I lose important tax, employment and monetary benefits?

Regardless of the Soldier's goals, it is a good idea to discuss them with an attorney early to start laying the groundwork.

There are several key points in the disability process in which a Soldier may want to seek legal counsel. That counsel is now available right here on Fort Jackson. Although assigned to Fort Bragg, Quist will come to Fort Jackson on a monthly basis, with this month's visit happening today. She will be also attending the WTU Town Hall Meeting. She will be taking individual appointments at the Soldier and Family Assistance Center, beginning at 3 p.m.

At the beginning of the MEB process, the MEB counsel provides general information about the process and the Soldier's rights. After the Soldier completes the MEB and receives the DA Form 3947, the MEB attorney can review the medical board with the Soldier prior to signing the document.

The attorney can also provide case-specific advice and advocacy to help the Soldier make an informed decision and ensure he or she understands the options to concur or non-concur (e.g., request additional medical treatment

and/or independent medical evaluation) and assist should the Soldier decide to challenge the MEB findings. The attorney will also help identify and gather evidence to ensure the MEB is as complete and accurate as possible before it goes to the PEB.

Once the case is forwarded and the PEB's informal decision is received, the attorney can review the results with the Soldier and explain the legal framework for the PEB's decision. Quist will advise the Soldier of his or her rights and suggest options.

She can also assist Soldiers in making an informed election of rights in consultation with an attorney from the regional Office of Soldiers' Counsel. Such elections include deciding whether to request a formal hearing and whether to personally appear at the PEB. If you request a formal hearing before the PEB, the Walter Reed Army Medical Center Office of Soldiers' Counsel takes over. Quist will ensure the case is quickly and efficiently transitioned to a Soldiers' Counsel and will remain involved should there be any need for additional evidence from Moncrief Army Community Hospital.

Quist provides services to all Soldiers going through an MEB.

For more information, contact Marcelle Quist at (910) 643-1699 or [Marcelle.Quist@us.army.mil](mailto:Marcelle.Quist@us.army.mil), attend today's WTU Town Hall Meeting or make an appointment at the SFAC today.

## Hazing 'fun and games' equals mistreatment

**By ANTOINETTE GREEN**  
*Assistant Inspector General*

Pvt. Brown just arrived at his first unit of assignment and is informed that all new Soldiers arriving at the unit have to participate in a "rite of passage."

Brown is told that he has to drink from a punch bowl filled with different hot sauces, and when finished, must turn the empty cup over and sound off with the company motto, "No pain no gain."

Should Brown be required to participate in this "rite of passage?"

In the above scenario, the Soldier does not have to take part in the "rite of passage". According to AR 600-20 paragraph 4-20 (1) "rite of passage" is considered hazing.

Forcing or requiring consumption of excessive amounts of food, alcohol, or other substances is also hazing along with encouraging another to engage in demeaning or dangerous acts.

AR 600-20 (Army Command Policy) defines hazing as any conduct whereby one military member or employee, regardless of service or rank, unnecessarily causes another military member or employee, to suffer or be exposed to an activity that is cruel, abusive, oppressive or harmful.

Hazing includes, but is not limited to, any type of initiation or congratulatory act that involves physically striking another to inflict pain or piercing the skin in any manner.

Hazing does not have to involve physical

contact. It can be verbal or psychological in nature. Coercing a Soldier to participate in such activities is also considered hazing. Hazing is prohibited off duty and during unofficial celebrations.

Commanders at all levels have the responsibility of enforcing this policy. Commanders should devote extra attention to graduations, advancement ceremonies and other occasions that may put Soldiers at risk for hazing.

Soldiers who violate the policy are subject to punishment under the Uniform Code of Military Justice.

Policy guidance can be found in Article 93 (Cruelty and maltreatment), and Article 133 (Conduct unbecoming an officer and a gentleman), among others.

Civilian employees who violate the policy are disciplined according to applicable laws and regulations.

Hazing can also be considered maltreatment. Maltreatment of Soldiers in training is addressed in TRADOC Regulation 350-6 (Training and Doctrine Command).

The TRADOC regulation defines trainee abuse as any improper physical or verbal act against a trainee; some examples of trainee abuse include assault, profanity, extreme physical training not in accordance with the Program of Instruction.

Only a commander can determine if trainee abuse, as defined by the regulation, has occurred. Commanders have to report and investigate trainee abuse according to paragraph 2-5.



# Fort Jackson Troopz courts young talent

By **CRYSTAL LEWIS BROWN**  
Leader Staff

Chelsa Thompson, a program assistant with Child, Youth and School Service's Youth Sports and Fitness division, said she remembers picking up a basketball for the first time at 3 years old.

When her husband was assigned to Fort Jackson last year, she decided to bring the sport she loves to her new job.

"When I first started, I saw a lot of interest in basketball," she said. "My idea was to start a team and see if the guys wanted to play other garrisons."

She said she got on the phone and contacted "everybody" to find some teams who were interested in playing her newly formed team.

One year and several phone calls later, the Fort Jackson Troopz is making a name for itself locally, and at other garrisons.

Team captain Joey McLemore, 18, said the team's name, Troopz, is a nod to the players' military affiliation.

"Everybody who is on the team (has) parents in the military," he said.

The team, which comprises boys 15-18, recently finished a season with the Christian Basketball League, where it took on players 18-24 years old. The team finished the season 6-4.

Though the team was initially intimidated by the age gap, Thompson said, they quickly adjusted.

I was ready for the challenge," said Tacorey Washington, 16.

His teammate, Kenny Cooper, 17 — who also serves as team co-captain — agreed.

"When it comes to playing people our own age ... it's going to be kind of easy,"



Photo by CRYSTAL LEWIS BROWN

**Troopz team member Preston Brown, 18, passes to a teammate during a practice. The team will play Fort Stewart Saturday.**

Cooper said.

They said they also got some flack from the older players.

"Most people think that just because we're little, we're going to be easy," Washington said.

Cooper added, "When we start playing, it's a shock."

The team has also played several other local groups, including various teams with the Boys & Girls Clubs of the Midlands.

Though the team's main focus is playing basketball, Thompson said she wants to teach the Troopz more than just the game.

"I don't just want to focus on basketball. I want to give back to the community," she said.

The team has done that by writing to Soldiers who are deployed overseas.

Although Fort Jackson is a training installation, Thompson said she — and her team — know that deployments are a real possibility for many of those now at Fort Jackson.

"Once they get out of training, a lot of (the Soldiers) are going straight to Iraq or Afghanistan," she said. "We wanted to reach out to them and let them know we are

thinking about them. If it weren't for them, our home wouldn't be as safe as it is."

Craig Plowman, Youth Sports and Fitness director, said the basketball team is a welcome addition to the center's offerings.

"We used to have teams here back in the 80s, 90s and early 2000s in that age group," he said.

At that time, there was an on-post league, he said. But as more families moved off post, the numbers dwindled. Thompson's initiative, he said, is filling a need.

"It gives the kids an opportunity to work on their skills. It gives them an outlet," he said. "If they want to try out for their high school team, this is a good chance to work on their skills ... and to also have fun."

Though the CBL season is over, the Troopz is just getting started. The team's summer season runs March through August, and the team will play against Fort Stewart at 1 p.m. Saturday at the Youth Services Center.

Thompson said she is looking forward coaching the team many years to come.

"The first year was tough, but I've gotten a strong relationship with the guys," she said. "I'm not just a coach, I've been a friend, I've tried to be a mentor."

"This for them. I'm there for them."

Plowman added, "It gives them an opportunity to do what they love, and that's play basketball."

Crystal.Y.Brown@us.army.mil

For information about the Troopz basketball team, or to join the team, contact Coach Chelsa Thompson at 751-1136.

## Sports shorts

❑ Letters of intent for summer basketball are due tomorrow. The summer basketball league is for active duty personnel only. A coach's meeting is TBA. For more information, call 751-3096.

❑ A Father's Day basketball tournament for players 30 and older is scheduled June 5-7 at Vanguard Gym. The field is limited to eight teams.

Teams must sign up by May 29. The entry fee is \$150 per team. For more information, call 751-4526/4384

❑ The Army 10-miler qualifier is scheduled July 18 at 5:30 a.m. The race will begin at Patton Stadium Gate on Kershaw and participants will turn right onto Dixie Drive, go out 5 miles and come back. Call 751-3096 for information.

❑ Pitch, hit and run competition for 7-12 year olds is scheduled May 30, 10 a.m. at the Youth Sports Complex. Participants must show a birth certificate.

❑ Fort Jackson Youth Sports is looking for children 6-18 years old to start a Double Dutch league. Adults willing to coach are also needed. There is no cost.

❑ The Rock Climbing Club will have its first meeting, June 22, 6 p.m., at the Youth Services Center. The season is June through August.



Photo by CRYSTAL LEWIS BROWN

**Staff Sgt. Antonio Irving, 120th Adjutant General Battalion (Reception), pushes over a tire during last week's Strongman Competition at the Hilton Field Softball Complex. Flipping the 500-pound tire was one of four challenges the 20 men and two women faced during the competition.**

**Spc. Logan Burgess, 17th Military Police Company, is this year's Fort Jackson Strongman, having earned the highest total score.**